

Together We Prepare



Together We Can Save a Life: CPR Saturday, April 30, 2005

*Cecilia Matta, Health Services
& Sales*

Over 400 King County residents chose to “Save the Day,” Saturday April 30, 2005, earning their adult

CPR certification at our 4th Annual “CPR Saturday” free training event at the Washington State Convention Center. Begun in 2001 as a thank you to the community for the outpouring of support following the September 11th terrorist attacks, our chapter has continued the event as a way to advance our goal to have one person in each household trained in CPR.

“What a blast! The event gets better every year,” proclaimed Carol Maloney, Health Services Instructional Programs Administrator. “So much positive energy! The volunteers love to support the effort as instructors, greeters, and test-checkers; the public appreciates the opportunity to earn life-saving skills.”

In fact, many participants specifically commented on the “well-organized classes, patient trainers and good instructor/student ratios. “Thank you for this opportunity to save lives!” noted more than one grateful student.

David Shannon, our Volunteer Instructor Coordinator who recruited over seventy-five volunteer instructors and other event staff, deemed the day “a raging success. So many people stepped up to help. Thank you to all of our awesome volunteers!”

CPR skills can make a life or death difference in health emergencies. By maintaining your CPR certification over your lifetime, you will likely save two people, often family members. Congratulations to the hundreds of participants who improved their readiness to “Save the Day – Save a Life” at our 2005 King County CPR Saturday.



If you missed the event, don't wait for next year; sign up for one of our community CPR and First Aid classes, and schedule a class at your worksite. Visit our website at www.seattleredcross.org, or call our friendly Customer Service agents at (206) 726-3534 or (360) 377-3761.