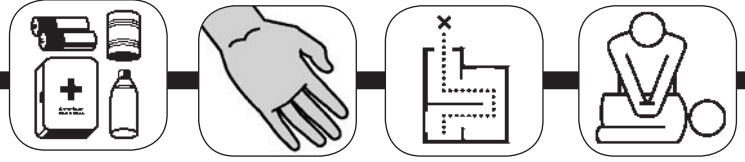


Together We Prepare



TOGETHERWE PREPARE – Workplace

By Cecelia Matta

“Cover Your Crew” Training Launched

What workplace hazards should you train your staff to manage?

As a responsible employer, you want to keep your people safe, but preparing your work teams for “all hazards” they might encounter poses a significant challenge to your training and staffing budget.

Our new “**Cover Your Crew**” First Aid and Preparedness training class delivers a concise, customized 90-minute training overview for emergencies that may occur in your workplace, whether you are a roofing contractor, a law office or an agency with dozens of field reps. Heart attacks, strokes and accidental injuries are far more likely to impact your team than terrorism. “**Cover Your Crew**” trains them to execute the “Check - Call - Care” system, to recognize emergencies, and to know what to do until help arrives.

Emergencies happen and have an economic impact. By training and drilling your team in preparedness techniques, you enhance your business’ flexibility and readiness, and improve the chances that you will survive disasters, small and large.

One local manager, John Meyers, Regional Director for the Seattle Office of U.S. Department of Housing and Urban Development (HUD) decided he wanted his staff “to know what to do if someone keeled over in the next cubicle.” Red Cross trained nearly 100 HUD staff members in “**Cover Your Crew**” classes this summer. Participants learned hands-on steps for recognizing and responding to choking and unconscious victims and other health emergencies. HUD students appreciated our enthusiastic presenters, homework assignments and resource packets, and the motivation to begin or update their homefront preparedness.

Why talk about home readiness in a workplace class? You’ll want your crew to add our Preparedness Steps - **Make a Plan. Build a Kit. Get Trained** – to their home activities. Their confidence in their own family’s



preparedness will enable them to get to work and focus, to help your business stay open and manage whatever comes!

Schedule your “**Cover Your Crew**” training. Contact Cecelia Matta, Workplace Preparedness Program Coordinator, for more information, 206 726-3507, or 360 377-3761 x13507, or prepare@seattleredcross.org.

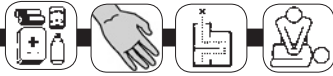
Preparedness Wall of Fame

How ready is your work site or office for inevitable emergencies and unthinkable events?

Nearly 20 King and Kitsap County businesses, organizations and government offices have advanced their readiness by hosting Red Cross Workplace Preparedness training in recent months.

For their commitment to educating their team members on the value of preparedness at work and at home, we commend them for facing reality, caring about their people, and taking steps to ensure that their business and their people will survive:

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“Pledge to Prepare” Make You and Your Family Safer

The American Red Cross is partnering with the Home Safety Council, Lowe’s, and others to educate families about specific actions they can take to be ready for fires and other home emergencies.

October 3-9 is “Fire Prevention Week” and a great opportunity to make a commitment to prepare your family for the disaster most likely to affect you, a home fire. By signing the “Pledge to Prepare,” families agree to talk about safety and take a few easy steps to make their home safer. These include making a home fire escape plan, installing smoke alarms and testing or replacing batteries, building a disaster supplies kit, and learning basic first aid skills. (A reminder: when daylight savings time changes is a good time to change your smoke alarm batteries.)

People of all ages can participate in the Pledge to Prepare by visiting www.seattlredcross.org.

“Pledge to Prepare” is also supported by *Kidde* and *Nick Jr. Family Magazine*.

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Workplace Preparedness

Charter Wall of Fame Members:

- Associated Builders & Contractors of Washington
- Association of Women in Architecture-Seattle Chapter
- City of Covington
- HealthCare Business Services Inc.
- Helsell Fetterman LLP
- International Assoc. of Administrative Professionals-Seattle Chapter
- Midway Inn, Bremerton
- PCL Construction Services Inc.
- Pike Place Market Public Development Authority
- PortalPlayer Inc.
- Regence Blue Shield of Washington
- Sandusky Radio Seattle (KWJZ, WARM 106, KIXI, KLSY)
- SeaBright Insurance Co.
- U.S. Dept. of Housing & Urban Development, Seattle Regional Office
- Valley Cities Counseling & Consultation
- Washington State Dept. of Revenue, Seattle and Bothell Offices
- Washington State Dept. of Labor & Industries
- Workforce Development Council of Seattle & King County

Your company or organization should be on this Wall of Fame list! In fact, the list ought to be too long to print in this newsletter! An emergency will be too late to decide you should have had an emergency response plan and provisions. Make Red Cross your one-stop resource for preparedness training and supplies. Contact Cecilia Matta, Workplace Preparedness Program Coordinator, for more information, 206 726-3507, or 360 377-3761 x13507, or prepare@seattlredcross.org.

TogetherWe Prepare.